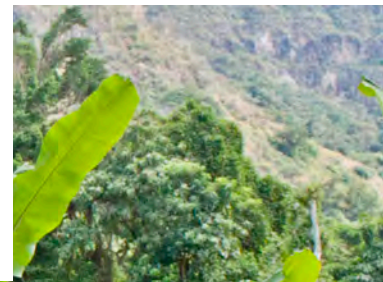
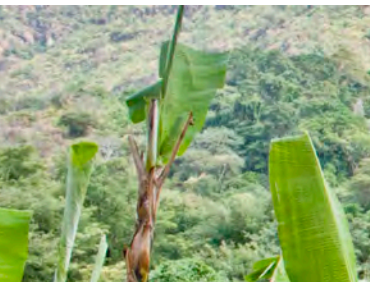


RED RHINO TOURS

JILL KNOUSE  Yoga



STRETCH SERVICE SAFARI: YOGA RETREAT IN TANZANIA

UNPLUG, DEEPEN YOUR YOGA PRACTICE, AND
IMPACT THE INTERNATIONAL COMMUNITY

FEBRUARY 2020 | 11 DAYS / 10 NIGHTS | 12 GUESTS

Jump start your yoga practice and experience an authentic community-based adventure created by Jill Knouse. Unplug and explore faraway lands, exotic wildlife and your yoga practice while having an impact on the international community.

ITINERARY

ARRIVAL & THE MUNGERE SCHOOL

DAY 1 (SAT FEB 1): Kilimanjaro Airport – Arusha

Your private guide will greet you at Kilimanjaro International Airport (JRO) and transport you to your accommodation in Arusha. **Overnight: Arumeru River Lodge or similar (bed & breakfast)**

DAY 2 (SUN FEB 2) : Arusha – Manyara

After breakfast, head west from Arusha and arrive at lodge accommodation in Mto wa Mbu town in the afternoon, viewing local attractions along the way, including an animal sanctuary and Maasai cultural museum. Receive cultural orientation from local Red Sweater Project staff members. **Overnight: Fig Tree Lodge or similar (full board)**

DAYS 3-6 (MON-THU FEB 3-6) : Mto wa Mbu Town & The Mungere School, Mungere Village

Spend time interacting with students, staff and community members at the Mungere School, a successful development education project in Mungere Village, an East African tribal community. Work on a service project while participating in a student activities and athletics, hike to nearby waterfalls on the Great Rift Valley escarpment, or contribute in the classroom. Tour student homes, dance at a tribal ceremony, and visit the weekly village market, while taking in all the sights, smells and sounds of local life. **Overnights: Fig Tree Lodge or similar (full board)**

SAFARI: LAKE MANYARA NATIONAL PARK, NGORONGORO CRATER CONSERVATION AREA & SERENGETI NATIONAL PARK (5 DAYS & 4 NIGHTS)

DAY 7 (FRI FEB 7) : Manyara – Lake Manyara National Park

Embark on your African safari adventure after breakfast by heading into Lake Manyara National Park to see Africa's Big Five. At the base of the Great Rift Valley escarpment, the scenery is as stunning as the exotic wildlife, including the park's famous tree-climbing lions. With over 10,000 species, Tanzania boasts more bird species than any other country in Africa; many are found in and around this lake, covering 89 square miles.

Overnight: Fig Tree Lodge or similar (full board)

DAY 8 (SAT FEB 8) : Manyara – Ngorongoro Crater CA : Crater Floor

Pick up from your lodge after breakfast and drive through the Conservation Area, descending into the Ngorongoro Crater, a geological marvel boasting several vegetation zones from lakes to forest to savannah. The Crater is home to about 30,000 animals, despite its tiny size of only 10 miles in diameter.

Overnight: Serena Ngorongoro Luxury Lodge or similar (full board)

DAY 9 (SUN FEB 9) : Ngorongoro Crater CA – Serengeti National Park

After enjoying breakfast overlooking the magnificent Crater, continue game driving to the heart of Tanzania's outback by heading west, toward the Serengeti Plains.

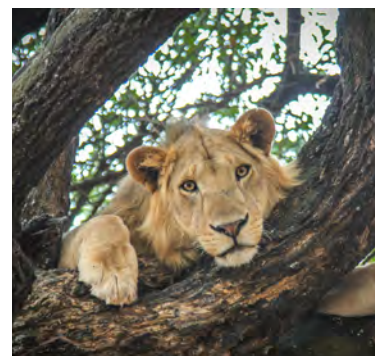
Overnight: Kubu Kubu Luxury Tented Lodge or similar (full board)

DAY 10 (MON FEB 10) : Serengeti National Park : Central Seronera

Spend the day in the Serengeti, home to over two million of ungulates. This pristine and unique sanctuary will give you a glimpse into "the world as it was in the beginning." Relish the vastness of *serengeti*, "the land that flows on forever," coupled with some of the best game-viewing all of Africa has to offer. After game driving for the day, head back to your camp for a nice, cold sundowner before dinner. Overnight: Kubu Kubu Luxury Tented Lodge or similar (full board)

DAY 11 (TUE FEB 11): Serengeti – Kilimanjaro Airport

After breakfast, spend the morning and early afternoon on a final game drive through the Serengeti, before boarding your flight from the Seronera Airstrip to Kilimanjaro International Airport for your evening departure. -- End of Service --



Price includes:

- All private transport in-country
- All accommodation
- Activities and meals as indicated (breakfast, lunch and dinner each day)
- All park fees, government taxes, levies, eco-tourism and transit fees
- Game drives in a 4x4 Land Cruiser with pop up roof tops
- Services of an experienced professional English-speaking safari driver/guide
- Bottled drinking water while on safari
- Unlimited mileage while on safari

Price does not include:

- International and domestic flights
- Passport, visa, or traveler's insurance
- Other excursions not mentioned above
- Snacks and beverages
- All statutory increases beyond our control
- Laundry service
- Tips to the driver/guide

Cost:

\$3,950 per person, based on a group of 12, assuming double occupancy.
Single Supplement (non-shared accommodation): Add \$750. Deposit of \$500 per individual booking to reserve.
Payment can be made at www.redsweaterproject.org/tours. Balance due 90 days prior to start of travel.

To book your tour, please call +1 (503) 956-9390 or +1 (443) 309-2283 or email us at tours@redsweaterproject.org. All proceeds of every booking benefit the Mungere School and its efforts to provide education to children in rural Tanzania.